



Mandatory effort to wear a helmet when riding a bicycle from April 1, 2023

Due to the enforcement of the revised Road Traffic Law from April 1, 2023, which previously required parents to make an efforts to have their children under the age of 13 wear a helmet, **all bicycle riders are required to make efforts to wear helmets.**

Observe “the Five Rules for Safe Bicycle Riding”

- 1 In principle, bicycle riders should use roadways and always keep left. They should use sidewalks only under exceptional circumstances, and when doing so, they should let pedestrians go first.
- 2 Bicycle riders should stop and check for safety at an intersection, and follow the traffic signals.
- 3 Turn on the headlight when riding in the dark.
- 4 Riding a bicycles under the influence of alcohol is prohibited.
- 5 Wear a helmet.

Updated regularly!

